

Annual Report

Fiscal Year 26

JULY 1, 2025 – JUNE 30, 2026



MISSION

To provide healing for children, adults, and families affected by sexual assault and to end sexual violence through counseling, education, and advocacy.



“ I suffered abuse as a child, and it is something that kept me confined by suffering. I had constant fear, anxiety, and I was very unstable for a while.

But then I came to this agency, and I have been placed in therapy with incredible specialists who are helping me process my pain and everything that was happening to me. ***It was liberating.*** Now I am very happy, and I feel like I am a new person.

Thank you so much for everything. Blessings. ”

-- *SAC therapy client*

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A MESSAGE FROM THE CEO

Dear Friends,

Because of you, this year was one of resilience, growth, and impact.

Every day, survivors walk through our doors carrying experiences no one should have to endure. They come seeking safety, healing, answers, and hope. Thanks to the unwavering support of our volunteers, donors, advocates, and community partners, they find compassionate people ready to meet them where they are.

One survivor recently arrived at our SAFE Clinic in need of a forensic medical exam, but it was immediately clear he was also in need of food. Our team was able to provide both expert care and a warm meal. The donor who helped make that exam possible probably never imagined their gift would also provide comfort and dignity in one of the most vulnerable moments of someone's life. That's the beauty of generosity. It allows us to respond not only to the needs we anticipate, but to the needs that arise in the moment. It happens every day because of you.

Your support made a remarkable impact this year. In Fiscal Year 2026, we served more than 1,000 survivors, provided more than 8,000 therapy sessions, supported survivors through 4,286 advocacy sessions, and reached our community through more than 100 prevention and professional trainings. Each number represents a person, a family, or a community moving one step closer to healing and safety.

This year, we saw reports of sexual assault continue to rise in our community. As the need for our services continues to grow, we've remained committed not only to helping survivors heal but also to preventing sexual violence before it occurs. Meeting this growing need has meant diversifying our funding portfolio. This year, we expanded our prevention efforts, strengthened community partnerships, and continued investing in innovative programs that empower businesses and community members to play an active role in creating safer environments. The generosity of individual donors has allowed us to respond with flexibility, meeting survivors' unique needs when and where they arise.

We also saw the power of legislative advocacy in action. Thanks to SAC's legislative work, a new bill passed,



Rachel Freeman

CEO

Sexual Assault Center

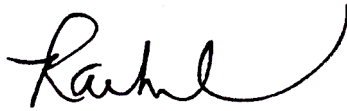


clarifying that minors can receive a forensic medical exam without parental or guardian consent. For young survivors, particularly when a parent or trusted adult may be involved in the abuse, this change removes a critical barrier to care and ensures they can receive timely medical attention, preserve evidence, and begin the healing process without unnecessary delay.

These accomplishments belong to all of us. They reflect what is possible when a community chooses to stand with survivors and believes that healing, prevention, and justice are shared responsibilities.

Thank you for believing in this mission, for investing in hope, and for helping build a community where survivors are met with compassion and where future violence can be prevented. Together, we are creating a stronger, safer Middle Tennessee for everyone.

With gratitude,



Rachel Freeman, LCSW
Chief Executive Officer



MISSION & VISION

SAC LEADERSHIP

OUR MISSION:

To provide healing for children, adults and families affected by sexual assault and to end sexual violence through counseling, education and advocacy.

OUR VISION:

A world void of sexual violence.

Executive Leadership Team



RACHEL FREEMAN, LCSW
Chief Executive Officer

“

Hope and healing grow when people come together with compassion and purpose. That is what SAC is to me. Every survivor who finds healing and every person who chooses to be part of our mission reminds me that creating a future free from sexual violence isn't just a possibility; it's work we're actively accomplishing together. I'm grateful every day to be part of a community that believes healing and prevention are possible and is willing to do the work to make it so.



CATHERINE BARKLEY, CFRE
Chief Development Officer

“

One of the greatest privileges of my work is witnessing the connection between a donor's compassion and a survivor's healing. It is an honor to witness generosity change lives today while creating a legacy of hope for future generations.



CINDY LEONARD
Chief Operating Officer

“

Operational excellence is ultimately about people. By carefully stewarding our resources and strengthening our programs, we help ensure that survivors and their families receive the compassionate care and support they deserve when they need it most.

FISCAL YEAR 2026 AT A GLANCE

**1,057**

Clients Served
(Clinical & Advocacy)

**98%**

Client Satisfaction

*Of clients who completed a survey

**12,600**

**Appointments
(Clinical & Advocacy)**

**75**

Clients Provided Emergency Assistance
Through Pepper's Fund

**3,297**

Crisis & Support Line Calls and Chats

**2,328**

**Professionals
Trained**

**111**

**Accompaniments
at partner
hospitals**

**166**

SAFE Clinic Exams

**22**

Safe Bar Trainings

This work was made possible by YOU
Numbers shown are from Fiscal Year 26 (July 1, 25 - Jun 30, 26)

FISCAL YEAR 2026

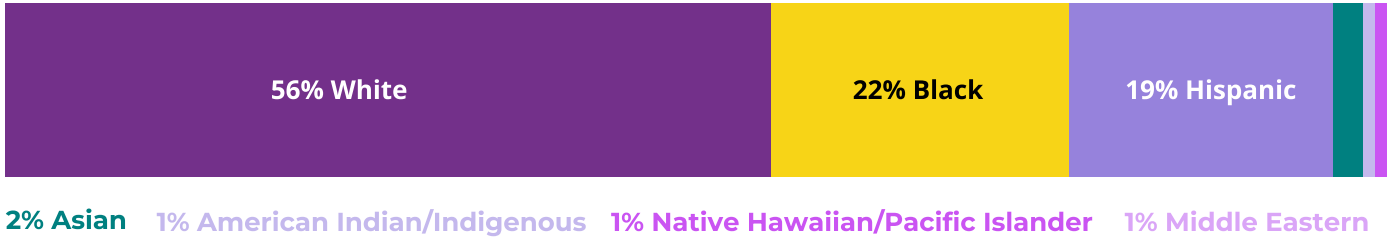
WHO WE SERVE

Sexual assault crosses every line: race, age, gender, income, etc. While some populations face disproportionate risks, no one is immune. SAC meets every survivor with the same commitment: culturally responsive, trauma-informed care at no cost.

Age



Race



Household Income*



Where They Live



FISCAL YEAR 2026 IN REVIEW

Making Nashville Celebrations Safer

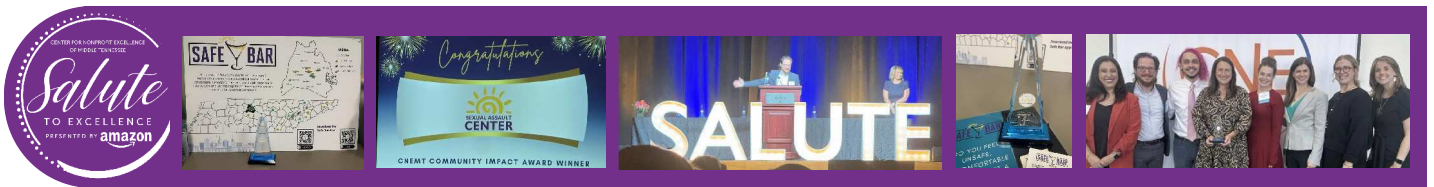
This year, we continued the incredible partnership between Safe Bar, the Nashville Convention & Visitors Corp, and the Metro Council Women's Caucus. For the third year in a row, SAC trained staff working the Jack Daniel's Nashville Big Bash: New Year's Eve, the Let Freedom Sing! Music City July 4th celebration, and CMA Fest, some of the largest events in the country, drawing in **1+ million** visitors to the city.

SAC's Safe Bar team trained staff at each event on bystander intervention and provided prevention tools, such as drug test strips to help make Nashville a safer city both for residents and tourists.



Safe Bar Wins Community Impact Award

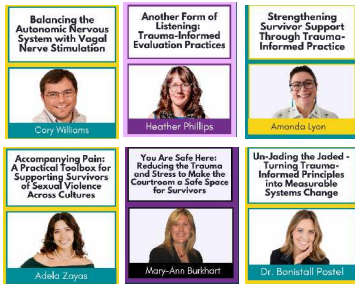
This fiscal year, SAC received the Community Impact Award at the Center for Nonprofit Excellence's 2025 Salute to Excellence Awards, recognizing Safe Bar's growing role in preventing sexual violence across Middle Tennessee's bar and hospitality community. This honor reflects the impact of Safe Bar's bystander-intervention training on making Tennessee safer, one bar, one staff member, and one intervention at a time.



New Safe Bars



Annual Statewide Training Conference



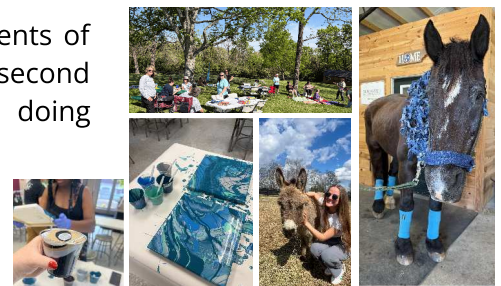
In May, our training team brought together leading voices in survivor care (*researchers, clinicians, prosecutors, and educators from organizations like the National Center on Domestic Violence, Trauma, and Mental Health and Marsy's Law*) for three days of free, trauma-informed workshops spanning the therapy room to the courtroom. Offered bilingually in English and Spanish, this free, virtual conference equipped attendees across Tennessee with practical tools to build survivor-centered systems that heal rather than harm.

589 advocates, professionals, and changemakers empowered through our 2026 statewide virtual conference

Staff Wellness

Our staff walk alongside survivors during some of the hardest moments of their lives, making an impact that ripples across generations. But second hand trauma and compassion fatigue are common for caregivers doing trauma work. That's why staff wellness is core to SAC operations.

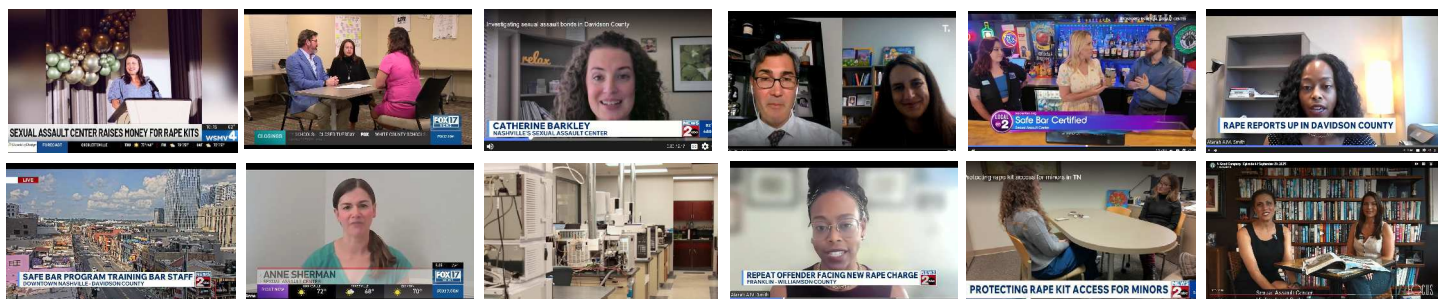
Throughout the year, our team recharges together, from relaxing paint nights to fresh air with horses like Jimmy. We know that when we care for our staff, we strengthen and elongate our ability to care for survivors.



Top: team outing at ranch. Bottom Left to Right: staff holding beverage, painting, Christian Schweer (staff) with Dominic (donkey), & Jimmy (horse).

In the News

From record-breaking fundraising at Mad Hatter to shaping local coverage on drink-spiking legislation, the statewide rape kit backlog, rising sexual assault reports, and Safe Bar bystander training for Nashville's bar community, SAC has appeared in WSMV, Fox 17, WKRN, WPLN, Nfocus Magazine, The Tennessean, and more, reaching audiences across TV, print, and digital news. SAC remains a trusted community voice on all issues related to sexual violence.



OUR PROGRAMS

Therapy

Our trauma-informed therapy services meet survivors and their loved ones where they are, from crisis intervention to individual and group care, with therapists who understand the unique needs of marginalized communities. Therapy is available to all survivors, no matter when their assault happened. It is also available to the secondary victims (loved ones, family, non-offending caregivers, etc.)

"I went so many years keeping my assault a secret. With my therapist, I finally felt heard and believed." - SAC therapy client

59%

of adults we serve through therapy are survivors of childhood sexual abuse

We Offer Several Evidence Based Modalities:

- Eye Movement Desensitization & Reprocessing (EMDR)
- Play therapy/Child Centered Play Therapy (CCPT)
- Trauma-Focused Cognitive Behavior Therapy (TF-CBT)
- Internal Family Systems (IFS)
- Somatic Experiencing (SE)
- And more

First Response Program (FRP):

SAC's FRP offers 12 sessions of immediate support for survivors in crisis as they wait for long-term therapy placement: now a model replicated nationwide.



Top to Bottom: therapy office, play therapy room mural, play therapy room & walking labyrinth in garden



572

Therapy Clients Served



98%

Client Satisfaction

*Of clients who completed the survey



8,314

Clinical Appointments

SAFE Clinic

The SAFE (Sexual Assault Forensic Exam) Clinic is the area's only 24/7 non-hospital clinic to receive a rape kit. No sterile waiting rooms, just snacks, fresh clothes, and a caring victim advocate by your side, because healing begins with safety.

It's not your fault. We believe you. We're here to help.

Our team works closely with MNPd. Officers will meet survivors in our SAFE Clinic to give them the option to report but never pressure them. If the client chooses, the officer will even conduct the interview at the SAFE Clinic, offering a more survivor-centered approach to investigations. **Now, 69% of clinic clients report to law enforcement** (compared to 30% who report nationally).

69%

of exam clients who worked with an advocate reported to law enforcement*

Advocacy

Bilingual victim advocates walk alongside survivors every step of the way, at SAC's SAFE Clinic, area hospitals, and partner organizations across Middle TN.

We Help Survivors Through the Healing Process:

- Navigate criminal & civil court
- Connect to community resources
- Help file victims' compensation
- Help file police reports and orders of protection
- Provide emotional support
- Make civil legal/attorney referrals



Images of the SAFE Clinic
*Nationally, only 30% report.



277

SAFE Clinic & Medical
Accompaniment Exams
at Partner Hospitals



592

Advocacy Clients Served



4,286

Advocacy Appointments

Peppers Fund

Removing Barriers, So Survivors Can Focus on Healing

Created by a survivor known as "Pepper," Pepper's Fund is SAC's client emergency fund, offering tangible support when survivors' needs are greatest. Healing often means navigating lost wages, unsafe housing, childcare, or transportation costs: barriers that can derail healing. Designed to bypass waiting periods and red tape, the fund allows SAC therapists to respond quickly so survivors can stay focused on healing.

The Power of Emergency Client Support

"My clients are often folks who are already set up to fall through the cracks of social service systems, and before Pepper's Fund was in place, I'd sometimes feel at a loss about how to help them when we were running into red tape, too-long waitlists, and missed windows of eligibility. I deeply appreciate that Pepper's Fund puts trust in my clinical judgment and allows me to access funding for my clients with minimal barriers. **Being able to offer a 'yes' to my clients when they've been running into a system of frequent 'no's' has contributed to my work feeling more emotionally sustainable.**"

- SAC therapist

Last fiscal year, **75 survivors and their families relied on Pepper's Fund to stay on track.** Donor support makes this possible.

Crisis & Support Line

A Lifeline, Answered

Every call. Every chat. A moment when someone reached out...and wasn't alone.

SAC's Statewide Crisis & Support Line is available 24/7, connecting survivors, loved ones, and anyone in need to real, immediate support. **In the past two years, the number of people reaching out has more than doubled,** proof that as awareness grows, so does trust in SAC. Your support keeps this line open, every hour of every day.

Call: 1-866-811-7473 | Chat: sacenter.org



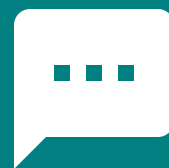
75

Clients Provided Emergency Assistance Through Pepper's Fund



3,052

Crisis & support calls



245

Anonymous chats

Training, Prevention, & Outreach

Building a Responsive Community

Prevention starts before a crisis with people who know what to look for and how to help. Our training team equips communities across Tennessee to recognize signs of abuse, respond to disclosures with care, and step in as active bystanders. Every training is an investment in a safer Tennessee.



100+ Safe Bars Now in Tennessee

This fiscal year, **we trained our 100th Safe Bar in Tennessee.** Staff at these establishments learn to recognize drink tampering, harassment, and assault to step in before harm occurs. This milestone reflects SAC's deepening partnership with the hospitality community to make Music City safer for all.

Meeting Survivors Where They Are

For some survivors, the hardest part isn't finding help; it's finding help they can trust. Where we show up:

- Colleges, universities, & HBCUs
- Churches and faith groups
- Schools
- Community fairs and conferences
- More!

Prevention

The most impactful healing service for a survivor is the one that never needs to happen. That's why SAC is expanding prevention efforts across every stage of life: from after school programs to college campuses, to congregations. This year, we deepened our work with faith communities, training leaders to recognize signs of abuse and become a source of openness and safety for people who come to them for guidance.



22

Safe Bar Trainings



2,328

Professionals Trained



Top to Bottom: Josh Johnson (SAC), Anne Marie Sherman & Jack Ohmes (SAC) training a Safe Bar group. Rocky Major (Vanderbilt) moderating the Sacred Spaces Panel: Dr. William Green (ABC & Tabernacle), Emily Samolinski (One City Church), Vernon Shaw, Jr. (Thistle Farms), & Marshall Gallagher (Hope Community). Atarah A.M. Smith & Josh Johnson (SAC)

2026 Legislative Advocacy

This year's Day on the Hill, SAC partnered with the Tennessee Coalition to End Domestic & Sexual Violence. About 80 volunteers joined forces with us, advocating for survivor-centered legislation. Together, we spearheaded two bills this year: Rape Kits for Minors and the SART Coordinator Act.

Rape Kit Access for Minors

SB920/HB679 *Sen. Kerry Roberts & Rep. Bob Freeman*

This bill clarifies that anyone sexually abused under the age of 18 can receive a rape kit (forensic exam) without parental consent. This is especially critical for cases where caregivers or family members might be involved in the abuse. It ensures that young survivors always have access to evidence collection regardless of their circumstances.

On June 4, 2026, Governor Bill Lee officially signed SB920/HB679 into law!

SART Coordinator Act

SB1123/HB696: *Sen. Bobby Harshbarger & Rep. John Gillespie*

This bill would have funded a statewide Sexual Assault Response Team (SART) Coordinator position to provide training, technical assistance, and oversight to local Sexual Assault Response Teams. The fiscal note attached was \$98,000. It built on a 2023 law requiring every Tennessee county to establish a SART, though only about 15 of 95 counties had done so, largely due to lack of statewide coordination.

The bill passed unanimously out of House Judiciary, and SAC advocated for its funding through Day on the Hill 2026.

As of May 18, 2026, the legislature declined to fund its fiscal note this session.

Victory!

the rape kit for minors bill has become law



Top to Bottom: Jennifer Escue (TN Coalition), Bonnie Brezina (Marsy's Law), and Rachel Freeman (SAC) accepting award; Rep. Bob Freeman, Rachel Freeman (SAC), Jill Martindale (Our Kids), Sen. Heidi Campbell, Atarah A.M. Smith (SAC), Sue Fort (Our Kids), and Stephen Woerner (TN Chapter of CAC) with Gov. Bill Lee signing SB920 into law; SAC team tabling at Day on the Hill; Lobbyist Heather Meshell presenting at Day on the Hill; Day on the Hill volunteers.

33rd Annual Mad Hatter

SAC's 33rd Annual Mad Hatter Gala was co-chaired by Libby Callaway, Lauren Casamassima, and Anastasia Krajeck, with Maddi Walton and Claire McKinley serving as auction co-chairs. Held September 27, 2025 at the Conrad Nashville, this cocktail-style event featured a hat contest and powerful mission moments, including shelves displaying SAC's programs in action and a moving video on the impact of SAC's outreach and care on survivor healing. The sold-out evening featured over 220 donated auction items and generated a record-breaking **\$480,000+**.

Mad Hatter was voted 3rd Most Fashionable Event in Nfocus's Best Parties of 2025. Thank you to our community for voting for us in this category. We are grateful for this honor and recognition.



Community Engagement

Open House: "What Were You Wearing?"

Kicking off Sexual Assault Awareness Month (SAAM), SAC hosted an open house centered on "What Were You Wearing?": an exhibit confronting victim-blaming by pairing survivor stories with the clothing they wore at the time of their assault. Curated by Vanderbilt students Taliyah Bradberry and Quinn Fitzpatrick with faculty mentors Rebecca VanDiver and SAC board member Vadis Turner, the exhibit moved everyone who walked through it.



Top Left to Right: SAC Team (Left to Right: Jaimie Flores, Catherine Barkley, Lisa Estepp, Josh Johnson, & Anne Marie Shermann), Vanderbilt Team (Rebecca VanDiver, Vadis Turner, Quinn Fitzpatrick, & Taliyah Bradberry), "What Were You Wearing?" outfit. *Bottom Left:* "What Were You Wearing?" Story.

Behind the Mission: Stories of Strength

Fall 2025, guests gathered for an evening centered around the survivors SAC serves every day. SAC's Clinical Director, Kim Germann, and CEO, Rachel Freeman, shared firsthand stories of resilience and healing, offering attendees a rare, honest look at the impact of their support on survivors beyond the numbers. The evening created a space of compassion and community, reminding everyone in the room why this work, and their support of it, truly matters. Special thanks to our sponsor, Erin Fromson, for generously providing the evening's refreshments.



CEO Rachel Freeman and Clinical Director Kim Germann share stories at Behind the Mission about the survivors SAC serves.

Fiscal Year 2026

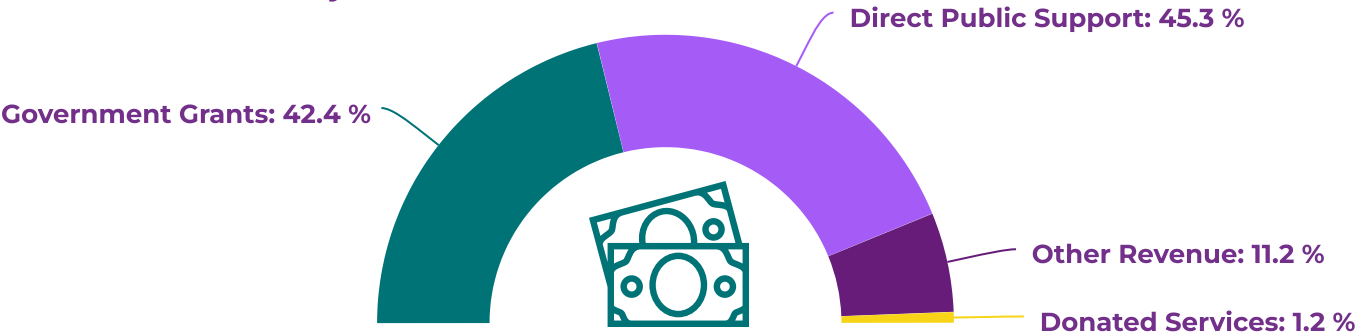
Financial Performance

SAC's 2026 fiscal year was 7/1/2025-6/30/2026

How Each Dollar Was Spent



Where The Money Came From



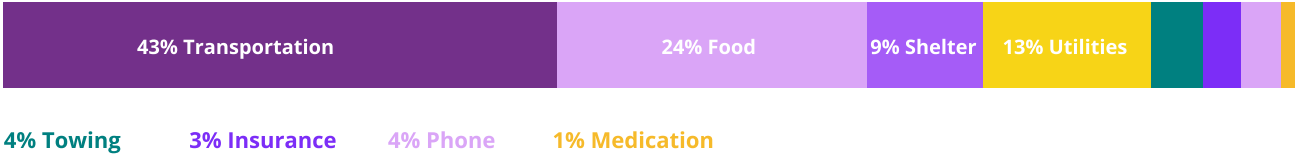


Endowment as of June 30, 2026*

\$2,930,111

How Pepper's Fund Was Spent

Life doesn't pause when trauma happens. For a sexual abuse survivor fleeing domestic violence, that might mean needing a safe place to sleep tonight. For another, it's a bus pass so a missed paycheck doesn't lead to a missed therapy session. Here is a breakdown of how Pepper's Fund lifted unexpected barriers for clients from July 1, 2025 to June 30, 2026:



Honoring Our Contributors

Together We Thrive

Leadership Alliance - Annual Giving of \$50,000+

Arnold Ventures
Brian Martin
Dettwiller Foundation

Hays Foundation
Mekus Family Foundation
Memorial Foundation

The Frist Foundation
The Healing Trust
The William Stamps Farish Fund

Stakeholders - Vital corporate/foundation/government contributors of \$10,000+ in FY 2026

Arnold Ventures
Ascension Saint Thomas
Community Foundation of Middle Tennessee
Crowther Foundation
Dettwiller Foundation
Dugas Family Foundation
Hays Foundation
HCA Foundation
Ingram Industries
Joe C. Davis Foundation
Kid Rock Foundation

Louise Bullard Wallace Foundation
LFM Capital
Mekus Family Foundation
Memorial Foundation
Mercy Foundation
Metro Government

- Metro Council Women's Caucus
- Office of Family Safety Center

Nancy M. and Victor S. Johnson, Jr. Foundation
Office of Violence Against Women
Old National Bank

Pinnacle
Speedway Children's Charities
Surgery Partners, LLC
Tennessee Department of Health
Tennessee Office of Criminal Justice Programs
The Carolyn Smith Foundation
The Frist Foundation
The Healing Trust
The William Stamps Farish Fund
United Way of Greater Nashville
Yarbrough Family Fund

Friends of Hope - Vital individual contributors of \$5,000+ in FY 2026

Anonymous
Camden and Catherine Barkley
Lisa Campbell
Chris Coates and Barbe Barker
Linda Cooper
Katie and Kevin Crumbo
Mark and Sheryl Donnell
Bob and Rachel Freeman
Matt Griffin and Knight Stivender
Stephen and Mandy Haynes Young
Conner and Mimi Harris

John and Heidi Hassenfeld
Chris Hebig and Shannon Noonan
Jeff and Lyne Hebig
Jim Hollender and Kristy Tinsley
Lauren Ingram
Cindy and John Leonard
Dave and Christine Longwill
Katie Marchetti and Brian Buckley
Brian Martin
Sally Penn
George and Louise Renaudin
Dan and Maisie Roden

*Kirk Ryder
Susannah Scott-Barnes
Steven and Morgan Skaggs
Bradford and Anne Stanley
The Sol Stern and Rose Stern Charitable Trust
Josephine VanDevender and Giles Ward
Scott and Maureen Vogel
Don and Linda Ware
Janet and William Warfield
Kerry and Stewart Witzeman

**Deceased*

FOR DONATION QUESTIONS:

Catherine Barkley, CFRE
Chief Development Officer
615-259-4325 | cbarkley@sacenter.org

SAC accepts donations online at sacenter.org, by check, through donor-advised funds (DAFs), and as gifts of stock. Checks can be mailed to: Sexual Assault Center, 101 French Landing Drive, Nashville, TN 37228. Tax ID: 62-1042038.

Platinum Alliance - Lifetime giving of \$1,000,000+

Hays
Foundation

HCA Healthcare +
HCA Healthcare
Foundation

Ingram
Charities

Melkus Family
Foundation

Memorial
Foundation

The Frist
Foundation

The Healing
Trust

William Stamps
Farish Fund

Gold Alliance - Lifetime giving of \$500,000+

Clarksville-Montgomery County
Community Health Foundation

Freeman Webb Companies
Joe C. Davis Foundation

Louise Bullard Wallace Foundation
Mr. Richard and Mrs. Robin Patton

Silver Alliance - Lifetime giving of \$250,000+

Cal Turner Family Foundation
Chris Coates and Barbe Barker Giving
Community Foundation of Middle Tennessee

Dettwiller Foundation
James Stephen Turner Family Foundation
Mercy Foundation

Ms. Martha Ingram*
The Martin Foundation

**Deceased*

Purple Alliance - Lifetime giving of \$100,000+

Ascension Saint Thomas
Caterpillar Financial Services
Mrs. Cynthia Arnholt
Steve and Shannon Cook
Mr. Franke P. Elliott
First Horizon Foundation

In memory of Mr. Bill Freeman*, with
gratitude to Mrs. Babs Freeman
Juanita Holt Estate*
Junior League of Nashville
Mr. & Mrs. Keeble
LFM Capital
Mr. & Mrs. McLure

SunTrust Bank
The Kresge Foundation
Mr. Tim Tohill
Mr. H. Cal & Margaret Turner Jr.
United Way of Clarksville
United Way of Metropolitan
Nashville

**Deceased*

Partners & Collaborators - Sharing resources and expertise for common goals and mutual client referrals

ACE Nashville
Advocates for Women's and Kids' Equality
(AWAKE)
American Baptist College
AncoraTN
Aster Springs
Beer Board
Bridges for the Deaf and Hard of Hearing
Buchanan Arts
Capitol Hill Advocacy
Center for Nonprofit Excellence of Middle
Tennessee
Cherished Hearts
Country Music Association
Davidson County District Attorney's Office
Debra K. Johnson Rehabilitation Center*
Department of Children's Services
Domestic Violence & Sexual Assault Center
(Murfreesboro)
Family & Children's Services

Family Safety Center*
Hispanic Family Foundation*
Jean Crowe Advocacy Center
Launchpad
Mary Parrish
Mayor's Office
Mayor's Office of Nightlife
Metro Council
Metro Crime Lab
Metro Nashville Police Department
Metro Nashville Public Schools
Montgomery County Child Advocacy Center*
Nashville Children's Alliance*
Nashville General Hospital*
National Center for Missing and Exploited
Children
Oasis
Our Kids
Raiz
Safe Bar Taskforce

St. Thomas/Ascension Midtown Hospital
Tabernacle of Glory Church
Tennessee Bureau of Investigation Crime
Lab
Tennessee Coalition to End Domestic &
Sexual Violence
Tennessee Chapter of Child Advocacy
Centers (TNCAC)
Tennessee Disability Coalition
Tennessee Nonprofit Network
Tennessee Voices for Victims
The Nashville Convention & Visitors Corp
Thistle Farms
Vanderbilt Center for Religious & Spiritual
Life
Vanderbilt University Medical Center*
Vanderbilt Owen School of Business
Vanderbilt Project Safe
Vanderbilt School of Nursing
YWCA

**Denotes co-location where SAC staff provide on-site services.*

Leaving a Legacy through Planned Giving

A planned gift is a powerful way to support SAC's mission beyond your lifetime. By including SAC in your estate plans, you can help ensure that survivors continue to have access to therapy, advocacy, education, and prevention programs for generations to come.

As SAC Board Member Christine Longwill shared, creating a legacy gift can be deeply personal. Her family's decision to include SAC in their estate plans reflects a commitment to a safer future and the belief that lasting impact begins in our own community.

"You don't have to be wealthy to leave a meaningful legacy. Every gift, regardless of its size, has the power to make a difference."

- Christine Longwill, Planned Giver

WAYS TO PLAN YOUR GIVING



Bequest Through Will or Trust

Leave a percentage, specific amount, or entirety of your estate.



Qualified Charitable Distribution

Those 70.5+ can give from their IRA and could reduce taxable income.



Gift of Stock or Appreciated Assets

Donating appreciated securities provides tax advantages.



Beneficiary Designation

Name SAC on:
-Retirement account-
-Life Insurance policy-
-Other investment accounts-

START THE CONVERSATION

If you have already included SAC in your estate plans, or would like to learn more about planned giving opportunities, please contact:

Catherine Barkley, CFRE

Chief Development Officer | Sexual Assault Center
615-259-4325 | cbarkley@sacenter.org

SAMPLE BEQUEST LANGUAGE

"I give and bequeath to the Sexual Assault Center, a nonprofit organization located in Nashville, TN, Tax ID 62-1043294, the sum of \$____ (or ____% of my estate) to be used for its general purposes."

Please consult your attorney, tax advisor, or financial professional when considering a planned gift.

From Fellow Planned Giver Christine Longwill

“ A few years ago, my husband and I completed our estate planning. One of the hardest conversations we had was deciding what should happen to what we leave behind.

We've worked hard to build a comfortable life, and I came to realize something that changed my perspective: **you don't have to be wealthy to leave a meaningful legacy.** Every gift, regardless of its size, has the power to make a difference.

Wanting to simplify an emotionally difficult decision, we designated a portion of our estate to two large, well-known nonprofit organizations. They are wonderful organizations doing important work, but they are also the names everyone knows and supports.

Serving on the Board of the Sexual Assault Center opened my eyes to another possibility that I had never considered: including a local nonprofit in our legacy plans. I realized that **a future gift to an organization like SAC could have an extraordinary and lasting impact.** While every nonprofit depends on generosity, smaller community organizations often rely on these gifts in a much more meaningful way.



Dave & Christine Longwill

What made the decision even more personal was learning that I could designate how my legacy gift is used. I have asked that my gift support SAC's prevention efforts—helping educate, empower, and hopefully prevent future survivors from ever needing the services the organization provides.

There is something incredibly comforting about knowing that, long after I'm gone, a part of what we've built together will continue to make a difference in our own community. It's a privilege to know that our legacy can help create a safer future—even if I won't be here to see the impact firsthand.

If you've already completed your estate planning, or if it's something you've been meaning to do, I encourage you to think about the legacy you want to leave. You don't have to be rich to change lives. Sometimes, the greatest impact begins right in your own community.

Legacy Giving is a Growing Tradition

**15%
INCREASE**

in charitable bequests over
the past year

**\$45+
BILLION**

bequests were given in 2025
to charitable causes

**18-24
YEAR OLDS**

Once seen as a "someday"
decision, now a generation
is choosing to commit early.

Governance

Board of Directors

Executive Committee



Knight Stivender | Board Chair
Partner, MP&F Strategic Communications



Brittany Weiner | Vice Chair
Realtor, Brittany Weiner & Maggie Bond, Parks Real Estate



Dr. Juzer Husaini | Secretary
Owner & Physician, Nashville Osteopathic and Integrative Medicine



Rachel Kraft Johnson | Immediate Past Board Chair
Member, Kraft & Company CPAs



Becca Fuqua | Treasurer
VP, Marketing & Employee Engagement, Studio Bank



Brianne Yip
Director of Client Success, Whitecoat Technologies



Erin Fromson
Group CFO, Enterprise & Corporate, Surgery Partners



Todd Cruse
Spark Dental Management, Chief Executive Officer

Board Members



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Owner, Regenesi Coaching



Anastasia Krajeck
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Bradford Stanley
Senior Counsel, Golub Capital



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Founder & CEO, Cookie Family Management



Benton McDonough
Director, Metro-Nashville Mayor's Office of Nightlife



Callie Frey
Owen Board Fellow



Carlee Smith
Director of the Healthier Tomorrow Fund, HCA Healthcare



Chris Hebig
United Health Group



Christine Kiesling
Vice President of Customer Experience, Hargrove



Conner Harris
Managing Director, LFM Capital



Diego Eguiarte
Founder & CEO, Nuestro Financial



Edwina Freeman
CEO, DYMON



Elizabeth Kraft Bleecker
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Eric Smith
Senior Counsel, HCA Healthcare



Jessica Lavender
Young Leaders Council



Kelley Durham
Community Activist



Kristy Tinsley
Partner, Ernst & Young



Kshitija Toke
Partner, Ernst & Young



Lauren Casamassima
Leadership and HR Consulting, LJC Coaching and Consulting



Louise Renaudin
Community Activist



Mary Beard
VP of Employment & Litigation, Ardent Healthcare



Nealy Glenn
Co-Owner, The Cordelle, Saint Elle + Estelle



Sarah Kate Nash
Attorney, Cumberland Trust



Trevor Loeb
J.D. Candidate, University of St. Thomas School of Law



Vadis Turner
Artist & Professor



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